



Release Counselling and Therapy for Women CIO Job Description

Job title	Support Group Facilitator
Location	Pan-Sussex.
Accountable to	Chief Executive
Direct reports	/
Hours	TBC
Contract	Zero hours contract
Summary of post	To act as a support facilitator of therapeutic groups for the charity, namely our 10 week 'Mother Nurture' group for new mums and our 8 week 'Second Nature' group for second + time mums.
Remuneration	£22 per hour plus holiday pay

Main Purpose and scope of role	
1	To support the Lead Facilitator in the delivery of a range of therapeutic groups for the charity
2	To support the Lead Facilitator in co-delivering the course material
3	To support the Lead Facilitator in ensuring the groups run in a safe and supportive manner
4	To offer practical support in the setting up and delivery of the groups
5	To be able to commit to the duration of the delivery of the groups
6	To maintain confidential files and adhere to the highest levels of confidentiality
7	To attend line management meetings and regular clinical supervision as required
8	To promote the work of Release and support the charity in outworking its aims

Release Counselling and Therapy for Women CIO are committed to equality of opportunity for all staff and applications from individuals are encouraged regardless of age, disability, sex, gender reassignment, sexual orientation, pregnancy and maternity, race, religion or belief and marriage and civil partnerships.

Release Counselling and Therapy for Women CIO are fully committed to safeguarding and promoting the welfare of people and expect all staff and volunteers to share this commitment.



9	To ensure the work adheres to the highest safeguarding and child protection standards
10	To demonstrate a commitment to equality of opportunity for all

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Personal Specification

		Essential	Desirable
Experience and qualifications			
1	A recognised diploma or degree in counselling/ psychotherapy/ psychology/ or equivalent, or to be working towards these qualifications		√
2	Accredited member of a recognised governing body		√
3	Qualification or training in groupwork		√
4	Currently in clinical practice		√
5	Experience of group facilitation	√	
6	Experience of working within a trauma informed approach		√
7	BACP/UKCP/equivalent registered		√
8	Working within voluntary sector agencies		√
9	Comprehensive understanding of the complex physical, mental and emotional impacts on maternal mental health	√	
10	Excellent interpersonal skills	√	
11	Excellent organisational skills and ability to prioritise workload	√	
12	Self-motivated and able to take initiative	√	
13	Ability to work as part of a team	√	
14	A commitment to improving the lives of women experiencing mental ill health	√	
15	Clear boundaries around confidential working practices	√	
16	Commitment to equality diversity and inclusion	√	
17	Commitment to the highest levels of good safeguarding practice	√	

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